

Altara Periodontics

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Information, Instructions, and Consent for Intravenous Sedation (Dental)

Intravenous sedation makes lengthy or complex dental or oral surgical treatment comfortable and easy for you. It removes anxiety, stress, discomfort, memory loss and awareness from the procedure. You enjoy a relaxing and pleasant sleep while you maintain your ability to breathe for yourself, maintain your protective reflexes and your ability to respond verbally to us if required. You will still be administered local anesthesia in your mouth after you are sedated. Following your procedure you will be afforded appropriate monitored recovery time in the surgery or recovery area until you are ready to be discharged. Our practice is specially equipped and qualified for IV Sedation treatment, the safe monitoring of sedated patients, and for managing sedated patients and medical emergencies.

Sedation is intended to make your dental treatment a comfortable experience. It is suitable for most people, but if you are not in good health or if you are taking medication you need to see your dentist and your medical provider discuss your condition or how it affects our procedure. These instructions are complementary to the above document and do not constitute a substitute for the consultation of your treatment plan by

To ensure your safety, intravenous sedation in the dental setting should be administered by a qualified medical or dental practitioner. Your dentist has arranged for a dental anesthesia service to perform the IV sedation part of your treatment. The provider is a nurse anesthetist with special training in anesthesia who is licensed and certified to perform anesthesia in the dental setting.

Instructions (Before and After IV Sedation)

- You **MUST** fast for at least 8 hours before sedation to ensure an empty stomach. This means strictly no food or drink (including water, beverages or gum) is to be taken for at least 8 hours before sedation. **TO GO: CYPHERIC® MAY BE LIFE THREATENING.**
- Please wear comfortable, loose fitting clothing to allow access to your arms for an IV line and for monitoring of your blood pressure and heart.
- Remove contact lenses, fingernail polish, and/or artificial nails or artificial one finger.
- Do not take any medications prescribed to you from either your dentist and your anesthesia provider. Some regular medication can be taken with minimal sips of water. Others will have to be altered or stopped depending on the medical condition and the procedure.
- After the procedure, yourself, the doctor/nurse is responsible until appropriate level of the day and night watching you at home. This person must come with you on the day of your treatment and be available at the doctor office by phone until you are discharged.
- You cannot go home using public transportation (bus, train, taxi), entry walking, and you cannot go home without someone who is responsible for you until the following day.
- The medical provider machinery is potentially hazardous (including electric shocks) for the rest of the day. You should not make any electrical connections, except any pertinent documents, for the rest of the day.
- Do not drink alcohol or use any recreational drugs of any kind before and after sedation.
- If you have cold, flu, or respiratory infection you must be at least as responsible as you may need to be transported to another day.
- You must advise us of any changes to your medical history including any new pills or medication, and any changes to **WOMEN ONLY** if you are a breastfeeding woman's feeding after your appointment. You should pump and discard for a minimum of 24 hours after being sedated.