

## **Altura Periodontics**

3690 South Yosemite Street  
Denver, Colorado 80237  
303-695-0990  
Fax 303-695-6915  
www.yourdentalimplants.com

### **Information, Instructions, and Consent for Intravenous Sedation (Dental)**

Intravenous sedation makes lengthy or complex dental or oral surgical treatment comfortable and easy for you. It removes anxiety, stress, discomfort, memory, time and awareness from the procedure. You enjoy a relaxing and pleasant sleep while you maintain your ability to breathe for yourself, maintain your protective reflexes and your ability to respond verbally to us if required. You will still be administered local anesthetic in your mouth after you are sedated. Following your procedure you will be afforded appropriate monitored recovery time in the surgery or recovery area until you are ready to be discharged. Our practice is specially equipped and qualified for IV Sedation treatment, the safe monitoring of sedated patients, and for managing sedated patients and medical emergencies.

Sedation is intended to make your dental treatment a comfortable experience. It is suitable for most people, but if you are not in good health or if you are taking medication you need to let your dentist and your anesthesia provider know so the sedation can be modified to suit your needs. These instructions are so important that failure to observe them will automatically result in cancellation of your treatment that day.

To ensure your safety, intravenous sedation in the dental setting should be administered by a qualified medical or dental practitioner. Your dentist has arranged for a dental anesthesia service to perform the IV sedation part of your treatment. The provider is a nurse anesthetist with special training in anesthesia who is licensed and certified to perform anesthesia in the dental setting.

### **Instructions (Before and After IV Sedation)**

- You **MUST** fast for at least 6 hours before sedation to ensure an empty stomach. This means strictly no food or drink (including water, lozenges or gum) is to be taken for at least 6 hours before sedation. **TO DO OTHERWISE MAY BE LIFE THREATENING.**
- Please wear comfortable, loose fitting clothing to allow access to your arms for on IV line and for monitoring of your blood pressure and heart.
- Remove contact lenses, fingernail polish, and/or artificial nails on at least one finger.
- If you take ANY medications please discuss them with your dentist and your anesthesia provider. Some regular medication can be taken as normal with just a small sip of water, others will have to be altered or skipped depending on the medical condition and the procedure.
- After the treatment, you **MUST** be taken home by a responsible adult who will spend the rest of the day and night watching you at home. This person must come with you on the day of your treatment and be available at the dentist office or by phone until you are released.
- You cannot go home using public transportation (bus, train, taxi), or by walking, and you cannot go home without someone who is responsible for your care for the remainder of the day.
- You must not operate machinery or potentially harmful equipment (including kitchen utensils) for the rest of the day. You should not make any important decisions or sign any important documents for the rest of the day.
- Do not drink alcohol or use any recreational drugs for at least 48 hours before and after sedation.
- If you have a cold, flu, or respiratory infection you must tell us as soon as possible as you may need to be reappointed to another day.
- You must advise us of any changes to your medical history, including any new pills or medication, and any allergies.
- **WOMEN ONLY:** If you are breastfeeding, prepare for feedings after your appointment. You should pump and discard for a minimum of 24 hours after being sedated.

---

## Altura Periodontics

3690 South Yosemite Street

Denver, Colorado 80237

303-695-0990

Fax 303-695-6915

www.yourdentatimplants.com

### FEES, PAYMENT & CANCELLATION POLICY

A non-refundable deposit may be required to book your sedation and treatment time, depending on the duration of the appointment. Sedation bookings are often lengthy and are exclusively set aside for you by the dentist and the anesthesia provider. For this reason if you miss your appointment or cancel without a minimum of 48 hours notice, you will incur a cancellation fee. Unless otherwise arranged with your dentist, the fee for the sedation is separate from the fee for the dental treatment. For an estimate of the cost, please discuss with your dentist.

### AS WITH ANY ANESTHETIC PROCEDURE IV SEDATION IS NOT WITHOUT RISK.

The risks associated with IV sedation include, but are not limited to:

1. Discomfort, swelling or bruising at the site where the drugs are placed into a vein, which may include vein irritation called phlebitis. Sometimes this may progress to a level of discomfort where arm or hand motion is restricted. Further medication or care may be required, including hospitalization.
2. Cardiovascular/respiratory compromise leading to cardiac arrest, brain damage, stroke, heart attack, coma or death.
3. Nausea and vomiting related to the IV medications used.
4. Allergic reactions (previously unknown) to any of the medications used.

### CONSENT

I CERTIFY THAT I HAVE READ AND FULLY UNDERSTAND THIS DOCUMENT: INFORMATION, INSTRUCTIONS & CONSENT FOR INTRAVENOUS (IV) SEDATION (2 pages) AND CONSENT TO INTRAVENOUS SEDATION FOR MY PROCEDURE.

I understand that photographs, video, study models, radiographs and other diagnostic aids may be taken or used as a part of this procedure. I give my permission to Altura Periodontics for their use for educational, scientific and marketing purposes, including publication.

Date: \_\_\_\_\_

Patient Name (print): \_\_\_\_\_

Patient/Legal Guardian Signature: \_\_\_\_\_

Witness: \_\_\_\_\_